

## Who conducts educator workshops and consultations?

**Gerard Costa, Ph.D**, Director of the YCS Institute and **Lorri Sullivan, M.Ed**, YCS Associate Director for Training and Consultation, conduct trainings, workshops and consultations for infant and early childhood professionals, teachers and parents across the nation. Zippy's Friends has been implemented in classrooms in Hackensack, River Edge, Wayne, Paterson, Paramus, Tenafly and Ridgefield Park schools in New Jersey.



Founded in 1918, YCS is the leading private provider of individualized mental health, social services and special education for children in New Jersey. YCS serves children from infancy through young adulthood throughout the state. The mission of YCS is to partner with each child to build a happy, healthy, productive life within families and communities

[www.ycs.org](http://www.ycs.org)



Partnership for Children is an independent charity established in the United Kingdom in 1999 that works to promote the mental health and emotional well-being of children and young people around the world.

Its principal activity is a program called Zippy's Friends, which helps young children to develop coping and social skills. The program is now running in primary schools and kindergartens in eleven countries, helping more than 50,000 children every year.

*Helping children and young people throughout the world develop skills which will enhance their present and future emotional well-being.*

*A video showing the curriculum being presented throughout the world, can be viewed at the Partnership for Children, United Kingdom website at*

*[www.partnershipforchildren.org.uk](http://www.partnershipforchildren.org.uk)*

**Zippy's Friends is made possible in part by  
the Todd Ouida Children's Foundation**

Todd Ouida Children's Foundation



Information about the *Todd Ouida Children's Foundation* and a video about Zippy's Friends in a River Edge school in New Jersey, can be viewed at

<http://www.mybuddytodd.org>



**Additional funds provided by the George A. Ohl Jr. Foundation**



## Zippy's Friends

An exciting new program that enhances the emotional well-being of children ages 5-7 with engaging stories, fun activities, puppets, a "Mystery Box," games and more.

***When a lovable stick insect named Zippy and some adventurous children encounter various dilemmas, the students in your classroom help out.***

**A complete, evidence-based program  
for K-2 classrooms.  
You'll never feel alone with our training  
and ongoing consultations.**

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**Institute for Infant and Preschool Mental Health**

in collaboration with



United Kingdom

## *Zippy's Friends –*

### **A social and coping skills program for young children**

#### **It's a Fact !**

**When children feel good about themselves they learn better and have more fulfilling social interactions.**

**Schools can promote their students' emotional well-being right from the start with *Zippy's Friends*. This comprehensive 24 session program teaches social and coping skills to children ages 5 -7.**

The Zippy curriculum was created in England eight years ago by the Partnership for Children. Approximately 130,000 children have participated in the program in 11 countries across the world. It has been rigorously evaluated and works equally well with boys and girls.

*Zippy is in compliance with NJ Department of Education Core Curriculum Content Standards.*

### **How Does *Zippy's Friends* work?**

The program is divided into six units:

- **Feelings** ■ **Communication** ■ **Friendship** ■ **Conflict**
- **Change and Loss** ■ **Making a New Start**

Each unit is designed to build upon the prior ones as the school year progresses, so that by the end of the program students will have integrated a number of skills. Your students will listen to stories and learn through activities – role playing, drawing, working with puppets and playing the popular “Mystery Box” game. The emphasis is on helping children find their own solutions and expand their range of coping strategies.

The teacher's pack contains a curriculum guide and all the materials for 30 children for the 24-week program.

*All the materials I need are right there for me. Everything is laid out and organized so simply that I can concentrate on listening to my students and getting the message of the lesson across.*

*Kindergarten Teacher*

YCS is proud to be the sole licensed provider of *Zippy's Friends* in the United States.

### **How will *Zippy's Friends* help my students?**

This program does not tell children what to do. Instead it encourages them to think for themselves and to come up with their own solutions to problems. Children practice choosing solutions that not only help them but also show them how to respect others.

Some of the skills your students will develop include:

- How to identify and talk about their feelings.
- How to listen attentively.
- How to speak openly and ask for help.
- How to say sorry.
- How to deal with loneliness and rejection.
- How to cope with bullying and resolve conflicts.
- How to deal with change and loss, including death.
- How to make and keep friends.
- How to adapt to new situations.

**"When children have a difficult time talking about their feelings, we refer back to Zippy stories."**

**"The children look forward to Zippy time and love to participate in the role playing activities."**

Gianna Apicella, River Edge Schools



### **Staff who receive *Zippy's Friends* training will receive**

- **Eight-hour training course.**
- **Follow-up consultations and support.**
- **All classroom materials, including parent guides.**

To learn more about *Zippy's Friends*, including training fees,

- visit our website at [www.ycs.org](http://www.ycs.org)
- call the YCS Institute 973-395-5500 x 308 or
- E mail Lorri Sullivan at [lsullivan@ycs.org](mailto:lsullivan@ycs.org)