About YCS

YCS is a private, non-profit behavioral health and social services agency committed to advocating, educating, sheltering, and caring for New Jersey children in need, and their families.

YCS Mission
YCS partners with each child to build a healthy, happy, productive life within families and communities.

Richard Mingoia
President/CEO

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YCS established the first Therapeutic Learning Center for preschoolers with emotional, social and psychological challenges in Newark in 1998.

The caring, professional YCS Therapeutic Nursery staff includes:

Psychologist
Psychiatric Nurse Practitioner
Psychiatrist
Occupational Therapist
Speech and Language Therapist
Mental Health Associates
Family Partners
Licensed Clinicians

Secaucus & East Orange locations
The Therapeutic Nursery is a licensed children’s partial care program designed to assist 2 1/2 to 5 year olds with emotional and behavioral difficulties that interfere with healthy functioning and social relationships. Children who attend the Therapeutic Nursery are affected by:

- disorders of relationships
- post traumatic stress
- aggression
- fearfulness
- poor social functioning
- poor self regulation
- and other childhood disorders

At the time of intake, the child will receive a comprehensive clinical assessment and evaluation of strengths and weaknesses.

Under the supervision of our child psychiatrist and psychologist, our clinical team develops a comprehensive treatment plan for the child using the child’s unique profile.

All interventions are individually planned and highly structured and include daily living skills, recreation, self-esteem building, socialization and educational enrichment and remediation.

Parent/caregiver support groups and individual consultations are provided. Families of enrolled children are involved in therapeutic services.

The Therapeutic Nursery operates from 8:45 am to 2:30 pm, Monday through Friday, for 12 months.

All services are age/developmentally appropriate to best help the children. There is a 1 to 4 staff-to-child ratio with additional clinical staff support.

Therapeutic Nursery services include:

- Group verbal, play and art psychotherapy
- Promotion of socialization skills
- Support in Self regulation
- Cognitive skill development
- Fine and gross motor skill development
- Daily living skills
- Nursing services
- Family Engagement
- Community meetings
- Early pre-literacy
- Medication management
- Parent/caregiver groups
- Occupational and speech therapy consultation

Individual psychotherapy is provided as pull out and also in-class support using the Cornerstone Method. The Cornerstone model consists of the clinician providing individual psychotherapy in the presence of the peers and the direct care staff.

YCS Therapeutic Nurseries are located at
760 Post Place, 1st Floor
Secaucus, NJ 07094
Tel: (201) 864-1047

and

60 Evergreen Place, 2nd floor
East Orange, NJ 07018
Tel: 973-854-3666

Therapeutic Nursery services are covered by Medicaid.
Transportation can also be provided by Medicaid.

YCS Therapeutic Nursery is committed to encouraging family participation.

A family partner will organize and manage parent/caregiver group meetings and trainings. In addition, a family partner will visit the home and work together with the child and family on reinforcing therapies being used in the nursery. The frequency of visitations depend on individual family needs.

Child family therapy includes Parent-Child Interaction Therapy (PCIT) which is designed to teach parents therapeutic ways of managing their children’s problems.