



Assistance
in Transitions

Daily Living Skills



Socialization

Promoting Emotional
Well Being



Family Counseling

The caring, professional YCS Therapeutic
Nursery staff includes:

- Psychologist
- Psychiatric Nurse Practitioner
- Psychiatrist
- Occupational Therapist
- Speech and Language Therapist
- Mental Health Associates
- Family Partners
- Licensed Clinicians

About YCS

YCS is a private, non-profit behavioral health and social services agency committed to advocating, educating, sheltering, and caring for New Jersey children in need, and their families.

YCS Mission

YCS partners with each child to build a healthy, happy, productive life within families and communities.

Richard Mingoia
President/CEO

YCS Administrative Offices

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YCS established the first Therapeutic Learning Center for preschoolers with emotional, social and psychological challenges in Newark in 1998.



Embracing All the Possibilities®



Therapeutic Nursery

For children 2 1/2 - 5 years



Secaucus
&
East Orange locations

The YCS Therapeutic Nursery

The Therapeutic nursery is a licensed children's partial care program designed to assist 2 1/2 to 5 year olds with emotional and behavioral difficulties that interfere with healthy functioning and social relationships. Children who attend the Therapeutic Nursery are affected by

- * disorders of relationships
- * post traumatic stress
- * aggression
- * fearfulness
- * poor social functioning
- * poor self regulation
- * and other childhood disorders

At the time of intake, the child will receive a comprehensive clinical assessment and evaluation of strengths and weaknesses.

Under the supervision of our child psychiatrist and psychologist, our clinical team develops a comprehensive treatment plan for the child using the child's unique profile.

All interventions are individually planned and highly structured and include daily living skills, recreation, self-esteem building, socialization and educational enrichment and remediation.

Parent/caregiver support groups and individual consultations are provided. Families of enrolled children are involved in therapeutic services.



The Therapeutic Nursery is accredited by
JCAHO:
The Joint Commission on Accreditation
of Healthcare Organizations

The Therapeutic Nursery operates
from 8:45 am to 2:30 pm,
Monday through Friday,
for 12 months.

All services are age/developmentally appropriate to best help the children. There is a 1 to 4 staff-to-child ratio with additional clinical staff support.

Therapeutic Nursery services include:

- Group verbal, play and art psychotherapy
- Promotion of socialization skills
- Support in Self regulation
- Cognitive skill development
- Fine and gross motor skill development
- Daily living skills
- Nursing services
- Family Engagement
- Community meetings
- Early pre-literacy
- Medication management
- Parent/caregiver groups
- Occupational and speech therapy consultation

★ Individual psychotherapy is provided as pull out and also in-class support using the Cornerstone Method. The Cornerstone model consists of the clinician providing individual psychotherapy in the presence of the peers and the direct care staff.

**YCS Therapeutic Nurseries
are located at
760 Post Place, 1st Floor
Secaucus, NJ 07094
Tel: (201) 864-1047
and**

**60 Evergreen Place ,2nd floor
East Orange, NJ 07018
Tel: 973-854-3666**

★ *YCS Therapeutic Nursery is committed to encouraging family participation*

A family partner will organize and manage parent/caregiver group meetings and trainings. In addition, a family partner will visit the home and work together with the child and family on reinforcing therapies being used in the nursery. The frequency of visitations depend on individual family needs.

Child family therapy includes Parent-Child Interaction Therapy (PCIT) which is designed to teach parents therapeutic ways of managing their children's problems.



**Therapeutic Nursery services
are covered by Medicaid.**

**Transportation can also be
provided by Medicaid.**